

our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace! The Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory

Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and will be forever. Amen.

Hail, Holy Queen

Hail, holy Queen, Mother of mercy, our life, our sweetness, and our hope! To you we cry, poor banished children of Eve; to you we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, your eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary.



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Daughters of St. Paul

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How to Pray the Rosary

A Gospel Prayer



How to Pray the Rosary

The Rosary is a Gospel prayer that helps us to pray with Mary so as to grow closer to her Son, Jesus. The heart of the Rosary is meditation on the mysteries of Jesus' life. We begin the Rosary by blessing ourselves with the crucifix and praying the Apostles' Creed, one Our Father, three Hail Marys and one Glory to the Father on the small chain. Then we pray one Our Father, ten Hail Marys and one Glory to the Father. This completes one decade. All the other decades are recited in the same manner, while meditating on the mystery for each decade. Pray the Hail Holy Queen at the end of the Rosary. The Litany of the Blessed Virgin (not included here) may also be recited.

Prayers

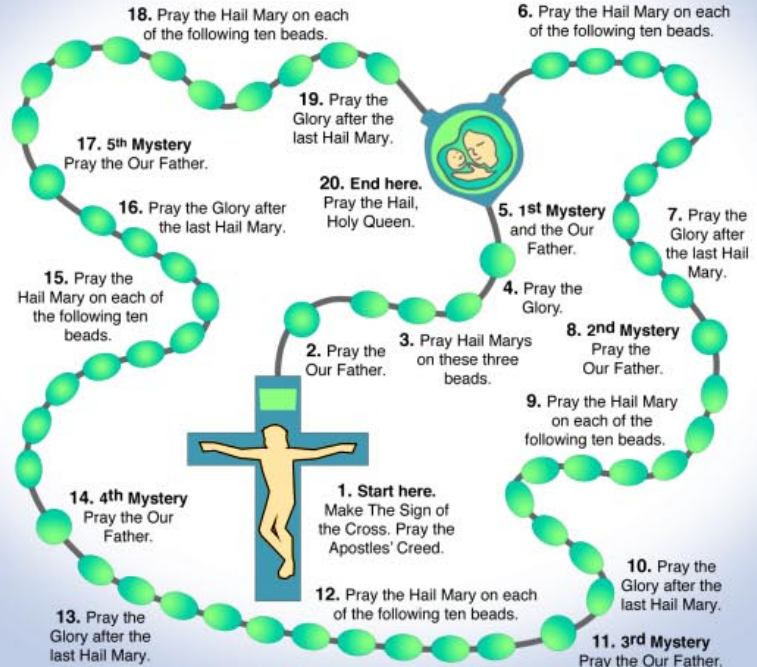
The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day he arose again. He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us





Joyful Mysteries

(Usually prayed on Mondays and Saturdays)

1. The Annunciation to the Blessed Virgin Mary

Mary said, “Here am I, the servant of the Lord.”

(Lk 1:38)

2. Mary Visits Her Cousin Elizabeth

Blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord.

(Lk 1:45)

3. The Birth of Jesus at Bethlehem

She gave birth to her firstborn son and wrapped him in bands of cloth.

(Lk 2:7)

4. The Presentation of Jesus in the Temple

They brought him up to Jerusalem to present him to the Lord.

(Lk 2:22)

5. The Finding of the Child Jesus in the Temple

Jesus said to them, “Why were you searching for me? Did you not know that I must be in my Father’s house?”

(Lk 2:49)



Luminous Mysteries

(Usually prayed on Thursdays)

1. John Baptizes Jesus in the Jordan

A voice from heaven said, “This is my Son, the Beloved, with whom I am well pleased.”

(Mt 3:17)

2. Jesus Reveals His Glory at the Wedding of Cana

His mother said to the servants, “Do whatever he tells you.”

(Jn 2:5)

3. Jesus Proclaims the Kingdom of God and Calls Us to Conversion

Jesus came to Galilee, proclaiming the good news of God, and saying.... “Repent, and believe in the good news.”

(Mk 1:15)

4. The Transfiguration of Jesus

From the cloud came a voice that said, “This is my Son, my Chosen; listen to him!”

(Lk 9:35)

5. Jesus Gives Us the Eucharist

Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day.

(Jn 6:54)



Sorrowful Mysteries

(Usually prayed on Tuesdays and Fridays)

1. Jesus Prays in the Garden of Gethsemane

In his anguish he prayed more earnestly, and his sweat became like great drops of blood falling down on the ground. (Lk 22:44)

2. Jesus Is Scourged at the Pillar

Then Pilate took Jesus and had him flogged. (Jn 19:1)

3. Jesus Is Crowned with Thorns

They clothed him in a purple cloak; and after twisting some thorns into a crown, they put it on him. (Mk 15:17)

4. Jesus Carries the Cross to Calvary

Carrying the cross by himself, he went out to what is called The Place of the Skull, which in Hebrew is called Golgotha. (Jn 19:17)

5. Jesus Dies for Our Sins

Jesus said to his mother, “Woman, here is your son.”
Then he said to the disciple, “Here is your mother.”
(Jn 19:26-27)



Glorious Mysteries

(Usually prayed on Wednesdays and Sundays)

1. Jesus Rises from the Dead

Jesus came and stood among them and said, “Peace be with you.” (Jn 20:19)

2. Jesus Ascends into Heaven

Then the Lord Jesus...was taken up into heaven and sat down at the right hand of God. (Mk 16:19)

3. The Holy Spirit Descends on the Apostles

All of them were filled with the Holy Spirit and began to speak in other languages. (Acts 2:4)

4. Mary Is Assumed into Heaven

All generations will call me blessed, for the Mighty One has done great things for me. (Lk 1:48-49)

5. Mary Is Crowned Queen of Heaven and Earth

If we endure, we will also reign with him. (2 Tm 2:12)